

# Resource Catalogue

## Asthma & COPD Education



The mission of the COPD & Asthma Network of Alberta (CANA) is to unite healthcare professionals and partners for excellence in the prevention, promotion, and management of COPD and asthma in our province. Lead by an interdisciplinary Advisory, CANA's strength lies in the diversity and combined experience of our members. Established in 2003 as an evolution of the former Alberta Asthma Network, CANA's 140 members represent all of Alberta's Health Regions. This Resource Catalogue is designed to link practitioners with existing expertise, particularly for asthma and COPD education.

To find out more, to access other resources, or to become a member, please visit our website.

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Edmonton, AB T6G 2J3

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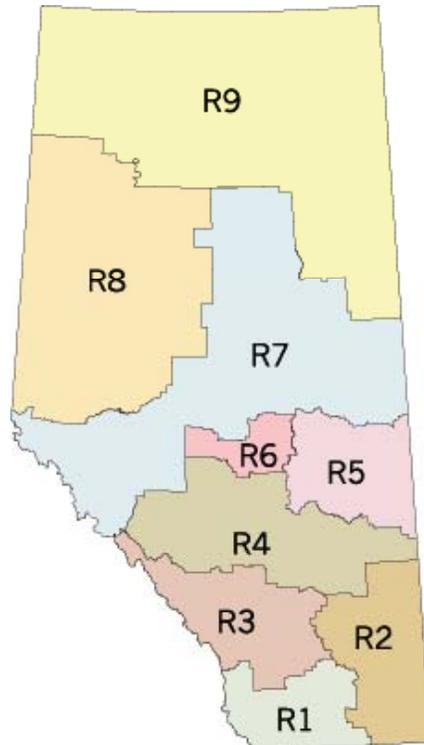
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## Alberta Health Regions Map



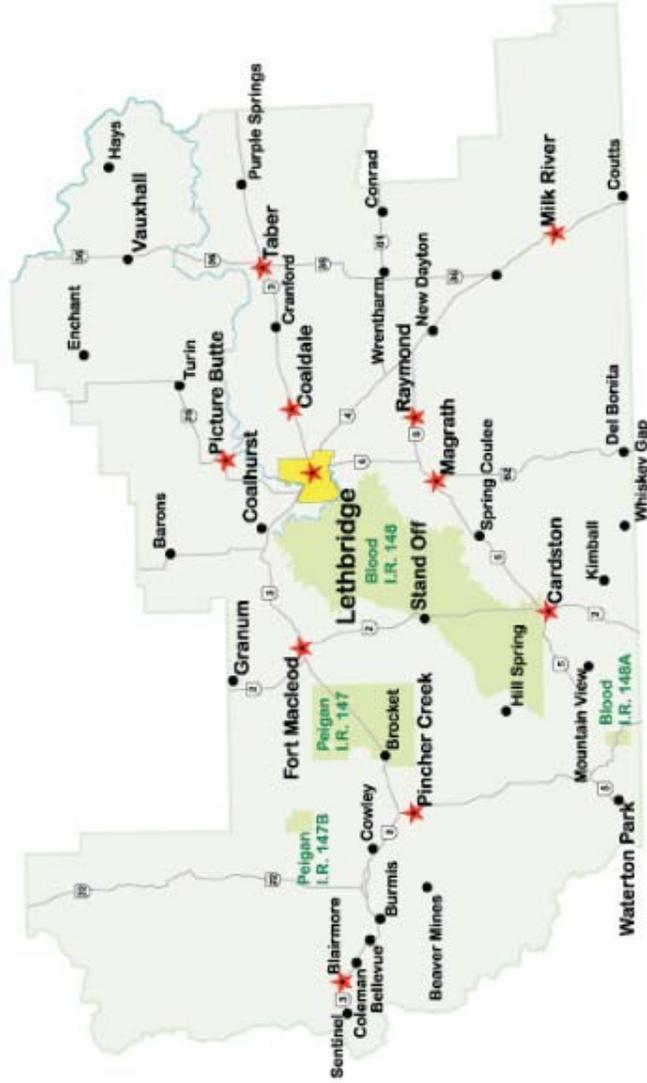
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- R3 Calgary Health Region - Calgary & area
- R4 David Thompson Health Region - Red Deer & area
- R5 East Central Health – Camrose & area
- R6 Capital Health Region - Edmonton & area
- R7 Aspen Regional Health – Hinton, Bonnyville & area
- R8 Peace Country Health - Grande Prairie & area
- R9 Northern Lights Health Region - Ft. McMurray & area

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The **CHR Asthma Program** is region wide (Lethbridge, Pincher Creek, Taber, Magrath, Picture Butte, Fort Macleod, Crowsnest Pass, Cardston, Raymond, and Milk River).

Referrals: Central booking through *Building Healthy Lifestyles* (except Taber)  
Phone: (403) 488 - 6654  
Toll Free: (866) 506 - 6654  
Fax: (403) 317 - 0435

#### **Lethbridge Asthma Clinic**

960 19 Street  
Lethbridge, AB T1J 1W5

Phone: (403) 388 - 6180  
Fax: (403) 388 - 6613  
Referral: Self or Physician  
Target: All asthmatics

Program Description: A multidisciplinary approach to assessment and education of individuals with asthma of all ages. Pediatric and adult sessions may involve either group or one-on-one education. Programs are tailored to individual patient requirements.

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#### **Lethbridge Respiratory Rehabilitation**

960 19 street  
Lethbridge, AB T1J 1W5

Phone: (403) 388 - 6036  
Fax: (403) 388 - 6039  
Referral: Physician

Program Description: A six-week exercise program that incorporates 5 one-hour exercise sessions per week, plus education.



### **Picture Butte Respiratory Education Program**

Box 652  
Picture Butte, AB T0K 1V0

Phone: (403) 732 - 4762  
Fax: (403) 732 - 5062  
Referral: Physician  
Target: All patients with COPD and asthma

Program Description: A RRT is available one day per week for patient assessment and education for both asthma and COPD. The program is based at the Lethbridge Regional Hospital.

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See Page 2 for Respiratory Rehabilitation.

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### **Pincher Creek Respiratory Education Program**

1222 Mill Ave.  
Pincher Creek, AB T0K 1W0

Phone: (403) 627 - 1234  
Fax: (403) 627 - 5275  
Available: Every Thursday  
Referral: Self or Physician  
Target: Anyone with chronic lung disease

Program Description: COPD or asthma patient education is provided by an RRT.

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See Page 2 for Respiratory Rehabilitation.



**Taber Asthma Program**

Associate Medical Clinic

5016 48 Avenue

Taber, AB T1G 1R8

(NOTE: Taber is not on central booking)

Phone: (403) 223 - 3525

Referral: Physician or Self

Target: All ages

Program Description: A primary care multidisciplinary team approach to the assessment and education of all individuals with asthma. The program assists family physicians to confirm patient diagnosis by providing spirometry testing. Education is provided on an individual basis with a one- month follow-up visit. An individualized action plan is developed for all patients.

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See Page 2 for Respiratory Rehabilitation.



PALLISER HEALTH REGION



**Brooks Health Centre**

**Asthma Clinic**

Bag 300

440 3<sup>rd</sup> Street East

Brooks, AB T1R 1B3

Phone: (403) 501 - 3204

Fax: (403) 501 - 3327

Referral: Physician

Target: All Ages

Program Description: Provides patient centered multidisciplinary education sessions. On-going support is available to review devices, management, action plans, and goals. Regional Respiratory Therapy provides Student Health Initiatives Services to grade five students in the Grasslands School District.

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**COPD**

Spirometry is available at the Brooks Health Centre for the early detection of COPD for patients 45 years of age or older who smoke or who have quit in the past year. For details, call (403) 501-3204.



**Medicine Hat Regional Hospital  
Asthma/COPD Education Program**

666 - 5th Street SW  
Medicine Hat, AB T1A 4H6

Phone: (403) 529 - 8855  
Fax: (403) 529 - 8905  
Referral: Physician/self  
Target: All ages/asthma/COPD patients

Program Description: Provides patient-centered education sessions for both asthma and COPD patients. On-going support is available to review devices, disease management, action plans, and goals. Regional Respiratory Therapy services provides Student Health Initiative services to grade five students in the Medicine Hat Public, Catholic, Private, and Charter School Districts as well as the Prairie Rose School District.

**COPD**

Spirometry is available at the Medicine Hat Regional Hospital for the early detection of COPD for patients 45 years of age or older who smoke or who have quit in the past year. For details, call (403) 529-8855.





**Alberta's Children's Hospital  
Asthma Clinic**

3rd Flr, 2888 Shaganappi Trail, NW,  
Calgary, AB T3B-6A8.

Phone: (403) 955 - 7324  
Fax: (403) 955 - 7527  
Referral: Physician  
Target: Pediatrics (0-18 years)

Program Description: Services include: assessment by pediatric respirologist and/or pediatrician with special interest in asthma; nurse educators; allergy skin testing; pulmonary function tests specialized for children; assessment psychologist and social worker (as necessary); respiratory therapist asthma educators; educational services including library and full/self management programs.

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**Community Pediatric Asthma Service (CPAS)**

31 Sunpark Plaza, S.E.  
Calgary, AB T2X 3W5

Phone: (403) 943 - 9139  
Fax: (403) 943 - 9474  
Referral: Physician  
Target: Pediatrics (0-18 years)

Program Description: Certified Asthma Educators (CAE) partner with physicians' offices (family & pediatricians), providing onsite asthma education and spirometry to patients and families. There are also a limited number of referrals for asthma education from the Emergency Department at Alberta Children's Hospital only. CPAS' CAEs can additionally provide regular asthma education updates to healthcare professionals and community members upon request. CPAS launched and maintains 2 public websites: [www.calgaryhealthregion.ca/ican](http://www.calgaryhealthregion.ca/ican) (children and families) and [www.project-a.ca](http://www.project-a.ca) (teens).

**Foothills Medical Centre, HMRB**  
**Calgary COPD and Asthma Program**  
3330 Hospital Drive N.W.  
Calgary, AB T2N 4N1

Phone: (403) 944 - 8742  
Fax: (403) 283 - 3406  
Referral: Physician (To see specialist)  
Anyone can refer for education  
Target: Adults with asthma or COPD

Program Description: Meeting with an asthma educator to discuss – process of disease, role of medication, inhaler technique, environmental triggers, monitoring strategies, written action plans; spirometry testing and review; referral to a respirologist (if referred by a physician) for diagnosis, assessment and intervention. Letter sent to family physician with the above information, along with suggestions for long-term management and a copy of the action plan. [www.ucalgary.ca/asthma](http://www.ucalgary.ca/asthma)

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**Peter Lougheed Centre**  
**Calgary COPD and Asthma Program**  
3500 26 Ave, NE  
Calgary, AB T1J 6J4

Phone: (403) 944 - 8742  
Referral: Physician  
Target: Adults with COPD or asthma

Program Description: The patient meets with an asthma educator and is then referred to a respirologist for diagnosis, assessment and intervention.



**Rockyview General Hospital, Outpatient Clinic  
Calgary COPD and Asthma Program**

7007 14 Street, SW  
Calgary, AB T2V 1P9

Phone: (403) 944 - 8742  
Referral: Physician  
Target: Adults with COPD or asthma

Program Description: Consists of a meeting with an asthma educator to discuss – process of disease, role of medication, inhaler technique, environmental triggers, monitoring strategies, written action plan; spirometry testing and review; referral to a respirologist for diagnosis, assessment and intervention. Letter sent to family physician with the above information, along with suggestions for long term management and a copy of the action plan.

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**Rockyview General Hospital  
Living Well Program (PREP division)**

7007 14<sup>th</sup> Street, S.W.  
Calgary, AB T2V 1P9

Phone: (403) 943 - 2584 (9HEALTH)  
Fax: (403) 943 - 1668  
Referral: Healthcare professional, physician, or self  
Target: People with chronic diseases

Program Description: This program is one division of the Calgary Health Region's Living Well Program. Available at the hospital as well as multiple community sites, it follows a multidisciplinary approach to both education and exercise. The program is 7 –8 weeks in length; patients are encouraged to attend 3 times per week. **NOTE:** Living Well offers limited service for asthma. For asthma education, please refer to the Calgary COPD & Asthma Program. Living Well's exercise services are open to people with asthma.



***Living Well with a Chronic Condition***

300, 5902 Macleod Trail SE  
Calgary, AB T2H 0K2

Phone: (403) 943 - 2584 (9HEALTH)  
Fax: (403) 943 - 1668  
Referral: Healthcare professional, physician, or self  
Target: People with chronic conditions

Program Description: There are 3 parts to this program – supervised exercise classes, disease-specific education classes, and a self-management workshop. Education classes currently include: COPD, Hypertension, Dyslipidemia, Diabetes, Obesity, CHF and Arthritis. Patients can take any one or all parts of the program, and in any order. We recommend that they take the whole program to best manage chronic conditions. The exercise program is 8 weeks in length; patients are encouraged to attend 2 - 3 times per week. ***The program is offered throughout the city and in rural locations.*** There are fees for some parts of the program. **NOTE:** Living Well offers limited service for asthma. For asthma education, please refer to the Calgary COPD & Asthma Program. Living Well's exercise services are open to people with asthma.





### **Asthma Education Program**

#### **DTHR Respiratory Health Services**

Drayton Valley Hospital and Care Centre

4550 Madsen Ave

Drayton Valley, AB T7A 1N8

Locations: Drayton Valley, Breton, Winfield

Phone: (780) 621 - 4866

Fax: (780) 621 - 4966

Referral: Self, Health Professional

Target: Persons diagnosed with asthma

Program Description: Asthma education in small groups and/or on an individual basis. Topics include: what is asthma, medications, inhaler techniques, common triggers, and many more. Time is set aside in each session for individual patient questions.

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### **Respiratory Rehabilitation Program**

Please see Wetaskiwin Program on Page 24. This will give the full description of the multidiscipline rehab program offered at this site for the north part of the DTHR. **Please note COPD assessment and education is available at all locations that Asthma Education is offered.**



**Asthma Education Program**  
**DTHR Respiratory Health Services**  
Drumheller Health Centre  
351 – 9 St. N.W.  
Drumheller, AB TOJ OY1

Locations: Drumheller, Elnora, Hanna, Three Hills, Trochu  
Phone: (403) 820 - 7264  
Fax: (403) 823 - 5076  
Referral: Self, Health Professional  
Target: Persons diagnosed with asthma

Program Description: Asthma education is offered in small groups and on an individual basis. Topics include: what is asthma, medications, inhaler techniques, common triggers, and many more. Time is available at the conclusion of each session for individual patient questions.

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#### **Respiratory Rehabilitation Program**

Total of ten weeks based at the Drumheller Health Centre. This program covers many topics relating to lung disease in the education portion. The exercise portion is designed to improve the patient's strength. **Please note COPD assessment and education is available at all locations that Asthma Education is offered.**



**Asthma Education Program**  
**DTHR Respiratory Health Services**

Olds Hospital and Care Centre  
3901 – 57 Ave  
Olds, AB T4H 1T4

Locations: Olds  
Phone: (403) 556 - 3381 ext. 2331  
Fax: (403) 556 - 2199  
Referral: Self, Health Professional  
Target: Persons diagnosed with asthma

Program Description: Asthma education is offered in small groups and on an individual basis. Topics include: what is asthma, medications, inhaler techniques, common triggers, and many more. Time is available at the conclusion of the session for individual patient questions.

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**Respiratory Rehabilitation Program**

Please see Red Deer Program on Page 22. This will give the full description of the multidiscipline rehab program offered at this site for the central part of the DTHR. **Please note COPD assessment and education is available at all locations that Asthma Education is offered.**



**Asthma Education Program**  
**DTHR Respiratory Health Services**  
Ponoka Hospital and Care Centre  
5800 – 57 Ave.  
Ponoka, AB T4J 1P1

Locations: Lacombe, Ponoka  
Phone: (403) 783 - 3341 ext. 2260  
Fax: (403) 704 - 8860  
Referral: Self, Health Professional  
Target: Persons diagnosed with asthma

Program Description: Asthma education is offered in small groups and on an individual basis. Topics include: what is asthma, medications, inhaler techniques, common triggers, and many more. Time is available at the conclusion of the session for individual questions.

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### **Respiratory Rehabilitation Program**

Please see Red Deer Program on Page 22 or Wetaskiwin Program on Page 24. This will give the full description of the multidiscipline rehab programs offered at these sites for the north and central parts of the DTHR. **Please note COPD assessment and education is available at all locations that Asthma Education is offered.**



**Asthma Education Program**  
**DTHR Respiratory Health Services**  
Red Deer Regional Hospital Centre  
Bag 5030, 3942 – 50A Ave.  
Red Deer, AB T4N 6R2

Locations: Innisfail, Red Deer  
Phone: (403) 309 - 2822  
Fax: (403) 309 - 2896  
Referral: Self, Health Professional  
Target: Persons diagnosed with asthma

Program Description: Asthma education is offered in small groups and on an individual basis. Topics include: what is asthma, medications, inhaler techniques, common triggers, and many more. Time is available at the conclusion of the session for individual questions.

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### **Respiratory Rehabilitation Program**

Please see Red Deer Program on Page 22.  
**Please note COPD assessment and education is available at all locations that Asthma Education is offered.**



**Asthma Education Program**  
**DTHR Respiratory Health Services**  
Red Deer Regional Hospital Centre  
Bag 5030, 3942 – 50A Ave.  
Red Deer, AB T4N 6R2

Locations: Rimbey, Rocky Mountain House, Sylvan Lake, Sundre  
Phone: (403) 343 - 4887  
Fax: (403) 309 - 2896  
Referral: Self, Health Professional  
Target: Persons diagnosed with asthma

Program Description: Asthma education is offered in small groups and on an individual basis. Topics include: what is asthma, medications, inhaler techniques, common triggers, and many more. Time is available at the conclusion of the session for individual questions.

### **Respiratory Rehabilitation Program**

Please see Red Deer Program on Page 22 or Wetaskiwin Program on Page 24. This will give the full description of the multidiscipline rehab programs offered at these sites for the north and central parts of the DTHR. **Please note COPD assessment and education is available at all locations that Asthma Education is offered.**



### **Respiratory Rehabilitation Program**

Red Deer Regional Hospital Centre  
Bag 5030, 3942 – 50A Ave.  
Red Deer, AB T4N 6R2

Phone: (403) 343 - 4847 or 309 -2822  
Fax: (403) 309 - 2896  
Referral: Physician  
Target: Persons diagnosed with chronic lung disease

Program Description: Total of ten weeks. The first six weeks of the program are at the hospital. The remaining four weeks of the program is a community transition program completed in the community. This program covers many topics relating to lung disease in the education portion. The exercise portion is designed to improve the patient's strength.

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### **COPD Telehealth Education Program**

Referral: Self, Health Professional  
Target: Individuals living with chronic lung disease, and their families

Program Description: The Red Deer Regional Hospital Centre hosts a monthly drop-in interactive COPD Telehealth Session for COPD patients and families, broadcast to telehealth rooms in the: *Drayton Valley Hospital and Care Centre, Drumheller Health Centre, Innisfail Health Centre, Lacombe Hospital and Care Centre, Olds Hospital and Care Centre, Ponoka Hospital and Care Centre, Rimbey Hospital and Care Centre, Rocky Mountain House Health Centre, Stettler Hospital and Care Centre, Sundre Hospital and Care Centre, Three Hills Health Centre, Wetaskiwin Hospital and Care Centre*. Sessions take place the last Tuesday of the month at 1:00 pm, and are open to anyone (including graduates of rehab programs). *Some* sites have used these monthly sessions as a way to connect patients with each other in a supportive way. A variety of informational topics will be offered throughout the year. Simply drop-in, stopping at admitting desk to register upon arrival.



**Asthma Education Program**  
**DTHR Respiratory Health Services**  
Stettler Community Health Centre  
Box 550, 5911 – 50 Ave.  
Stettler, AB TOC 2L0

Locations: Stettler, Consort, Coronation, Castor  
Phone: (403) 343 - 4887  
Fax: (403) 309 - 2896  
Referral: Self, Health Professional  
Target: Persons diagnosed with asthma

Program Description: Asthma education is offered in small groups and on an individual basis. Topics include: what is asthma, medications, inhaler techniques, common triggers, and many more. Time is available at the conclusion of the session for individual questions.

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### **Respiratory Rehabilitation Program**

Please see Red Deer Program on Page 22. This will give the full description of the multidiscipline rehab program offered at this site for the central part of the DTHR. **Please note COPD assessment and education is available at all locations that Asthma Education is offered.**



**Asthma Education Program**  
**DTHR Respiratory Health Services**  
Wetaskiwin Hospital and Care Centre  
6910 – 47 St.  
Wetaskiwin, AB T9A 3N3

Locations: Wetaskiwin, Hobbema  
Phone: (780) 361- 4123  
Fax: (780) 361 - 4061  
Referral: Physician, self  
Target: Persons diagnosed with asthma

Program Description: Asthma education is offered in small groups and on an individual basis. Topics include: what is asthma, medications, inhaler techniques, common triggers, and many more. Time is available at the conclusion of each session for individual questions.

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**Respiratory Rehabilitation Program**  
**DTHR Respiratory Health Services**

Location: Wetaskiwin Hospital and Care Centre  
Phone: (780) 361- 4123  
Fax: (780) 361 - 4061  
Referral: Physician  
Target: Persons diagnosed with chronic lung disease

Program Description: A ten-week program; the first four weeks are in a hospital outpatient setting, followed by a six week community transition program. The education component of the program covers a variety of topics relating to lung disease and management, while the exercise component focuses on optimizing patient strength and functional ability.





### **Camrose Asthma Clinic**

5510 46 Ave  
Camrose, AB T4V 4P8

Locations: Camrose & Tofield  
Phone: (780) 679 - 2980  
Fax: (780) 679 - 2999  
Referral: Physician, healthcare professional or self  
Target: All ages

Program Description: Clinics include assessment, spirometry, and development of an individual action plan. Patients are educated on the disease process, triggers and trigger avoidance, medications and appropriate device use. The pediatric clinic incorporates parents in the education process.

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### **Camrose Community Health Services - COPD Rehabilitation**

c/o Rose Haven Care Center  
4612 53<sup>rd</sup> Street  
Camrose, AB T4V 1Y6

Phone: (780) 679 - 3065  
Fax: (780) 679 - 3054  
Referral: Physician, healthcare professional, or self  
Target: People with COPD

Program Description: An eight-week (2 sessions/week), multidisciplinary approach to COPD management focusing on long-term outcomes. All appointments are allotted 2 hours, one hour for pulmonary exercises with a RRT and one hour education session. Topics vary and are delivered by guest speakers: PT, OT, dietician, pharmacist, and social worker.



### **Lakeland Respiratory Consulting Services**

4925 50 Ave  
Vegreville, AB T9C 1R3

Other Locations: Two Hills [phone: (780) 657 - 3344]

Phone: (780) 632 - 7611

Fax: (780) 632 - 7612

Referral: Physician or self

Target: Any individual requesting assistance/information on asthma

Program Description: Includes an assessment by a Respiratory Therapist to determine client barriers and goals for asthma management. Each goal or barrier is addressed: through education, physician consultation and/or regular follow-up. The aim is for the client to develop an increased understanding of asthma and the skills that promote self-management.

#### **COPD Rehabilitation**

Please see the Camrose Program on page 26 of this section

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### **Sedgewick Community Health Services**

Box 12  
Sedgewick, AB T0B 4C0

Other Locations: Viking, Killam, Hardisty, Daysland

Phone: (780) 384 - 3652

Fax: (780) 384 - 3699

Referral: Physician, healthcare professional, or self

Target: Adults and children with asthma

Program Description: Consists of individual education that incorporates peak flow monitoring, description of asthma, trigger awareness, and medication education. In addition, the patient completes a spirometry pre- and post-bronchodilator to determine reversibility and treatment.

#### **COPD Rehabilitation**

Please see the Camrose Program on page 26 of this section.



**Vermilion Community Health Services**

**Asthma Education**

#11, 4701 52 Street

Vermilion, AB T9K 1J9

Other Locations: Provost and Wainwright

Phone: (780) 853 - 5270

Fax: (780) 853 - 7362

Referral: Physician, health professional, self

Target: Asthmatics of all ages

Program Description: Consists of individual education that includes: spirometry - pre/post bronchodilator; peak flow counseling; trigger awareness; medication teaching, and follow-up appointment.

**Vermilion Community Health Services**

**COPD Education**

#11, 4701 52 Street

Vermilion, AB T9K 1J9

Other Locations: Provost and Wainwright

Phone: (780) 853 - 5270

Fax: (780) 853 - 7362

Referral: Physician, health professional, self

Target: Patients with COPD

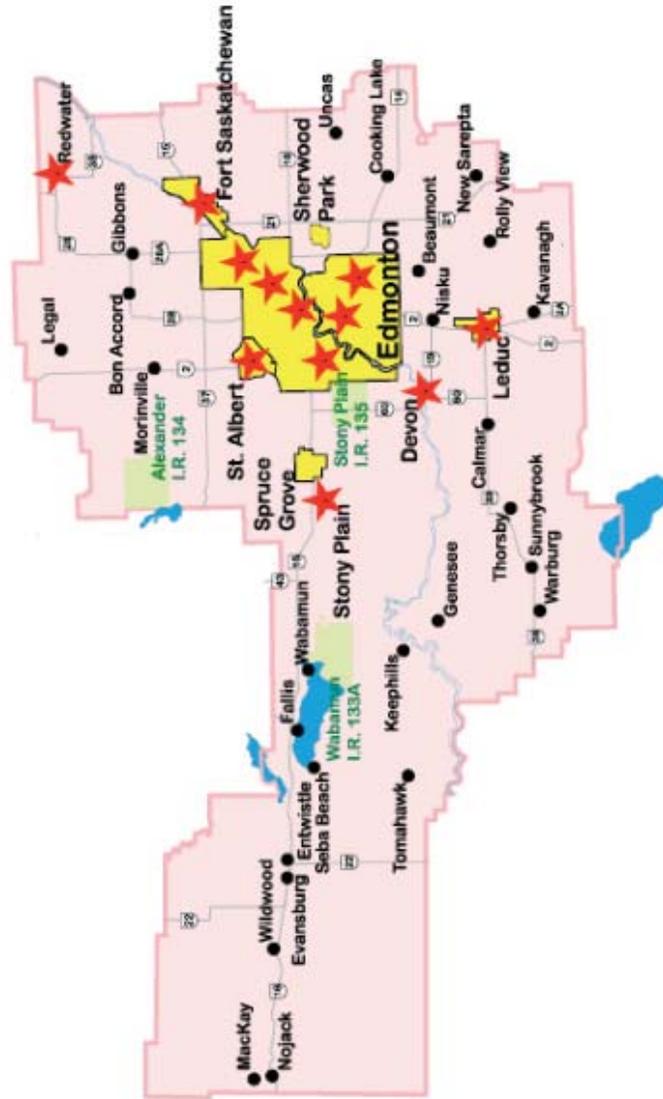
Program Description: One-on-one COPD education available in this area. For a group program, please see Camrose on Page 26 of this section or see the Capital Health Region for alternate locations.



**Caritas Centre for Lung Health**  
**Telehealth Rural Respiratory Rehabilitation Program**  
c/o 11111 Jasper Ave  
Edmonton, AB T5K 0L4

Phone: (780) 482 - 8951  
Fax: (780) 482 - 8980  
Email: [tclhmaster@hotmail.com](mailto:tclhmaster@hotmail.com)  
Referral: Physician  
Target: Persons diagnosed with chronic lung disease  
Web: [www.caritas.ab.ca](http://www.caritas.ab.ca)

Program Description: Assessment by a Pulmonologist via Telehealth technology. An 8 week supervised exercise program is developed according to individual abilities and needs. Education sessions are broadcast via Telehealth including breathing techniques, breathing exercises, recovery positions, medications, relaxation techniques, nutrition. A continued exercise program is personalized for patients to follow upon program completion.



CAPITAL HEALTH REGION



**Caritas Centre for Lung Health  
Breathe Easy Rehabilitation Program**

11111 Jasper Ave  
Edmonton, AB T5K 0L4

Phone: (780) 482 - 8951  
Fax: (780) 482 - 8980  
E-mail: [tclhmaster@hotmail.com](mailto:tclhmaster@hotmail.com)  
Referral: Physician  
Target: Persons diagnosed with chronic lung disease  
Web: [www.caritas.ab.ca/CommunityServices](http://www.caritas.ab.ca/CommunityServices)

Program Description: Consists of 16 –18, 3-hour classes over 6-8 weeks. This program encompasses both education and exercise to help improve the patient's overall health. Patients are assessed before and after the program and are encouraged to continue with the program on a drop-in basis after they graduate.

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**Caritas Centre for Lung Health  
Telehealth Respiratory Rehabilitation Program**

11111 Jasper Ave  
Edmonton, AB T5K 0L4

Phone: (780) 482 - 8951  
Fax: (780) 482 - 8980  
Email: [tclhmaster@hotmail.com](mailto:tclhmaster@hotmail.com)  
Referral: Physician  
Target: Persons diagnosed with chronic lung disease  
Web: [www.caritas.ab.ca](http://www.caritas.ab.ca)

Program Description: Assessment by a Pulmonologist via Telehealth technology. An 8 week supervised exercise program is developed according to individual abilities and needs. Education sessions are broadcast via Telehealth including breathing techniques, breathing exercises, recovery positions, medications, relaxation techniques, nutrition. A continued exercise program is personalized for patients to follow upon program completion.



**Community Respiratory Services  
Asthma Education Program**

Plaza 124  
300 – 10216 124 St.  
Edmonton, AB T5N 4A3

Phone: (780) 992-5801  
Target: Adults  
Referral: Self-referral  
Fee: Nominal fee

Program Description: Adults meet to discuss asthma, treatment, and trigger avoidance. This class is suitable for both adults with asthma and adults whose children have asthma.

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**Community Respiratory Services  
Pediatric Asthma Education Program  
Roaring Adventures of Puff (RAP)**

Plaza 124  
300 – 10216 124 St.  
Edmonton, AB T5N 4A3

Phone: (780) 992-5801  
Target: School-age children with asthma

Program Description: A school-based program delivered by a health team – available throughout the region. There is no student or school charge. 6 x one-hour sessions focus on communicating a description of asthma, trigger avoidance, device use, treatment, and self-management.



### **Community Respiratory Services**

#### **Asthma Program**

9430 95 Street

Fort Saskatchewan, AB T8L 1R8

Other Locations: Bon Accord, Gibbons, Redwater, Devon (weekly clinics; call admitting office at each site for an appointment)

Phone: (780) 992 - 5811

Fax: (780) 992 - 0195

Referral: Physician, self

Target: Any person requiring information on asthma

Program Description: One – on –one assessment and counseling with a registered Respiratory Therapist. Spirometry, oximetry and arterial blood gas testing also available. This facility also offers Butting Out (a smoking cessation program).

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### **Community Respiratory Services**

#### **LEEP Program**

9430 95 Street

Fort Saskatchewan, AB T8L 1R8

Phone: (780) 992 - 5811

Fax: (780) 992 - 0195

Referral: Physician, self

Target: Any person with COPD

Program Description: This program consists of 3 x 2.5 hour sessions each week for 7 weeks. One hour of every session is spent in an education session with various health care professionals including PT, OT, dietician, social worker, etc. The balance of each appointment is spent exercising. This site also offers a smoking cessation program.



**Grey Nuns Hospital - Child Health Clinic  
Pediatric Asthma Clinic**

1100 Youville Dr.  
Edmonton, AB T6L 5X8

Phone: (780) 735 - 7346  
Fax: (780) 735 - 7444  
Referral: Physician  
Target: Children (0-16) and their families

Program Description: Individual information sessions are comprehensive including triggers, signs and symptoms, device technique, etc. The patient is seen by a pediatrician and an RN Certified Asthma Educator. Group sessions are offered as required.

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**Grey Nuns Hospital  
Pulmonary Function Lab and Adult Asthma Clinic**

1100 Youville Dr.  
Edmonton, Alberta T6L 5X8

Phone: (780) 735 - 7178  
Fax: (780) 735 - 7343  
Referral: Physician  
Target: Primarily adults, but not exclusive

Program Description: Consists of individual information sessions, personalized to meet the patient needs. Follow-up, diagnostic and routine lung function, bronchoprovocation studies and exercise challenge services are offered as required.

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**COPD**

See Rehabilitation on page 32 and Outreach on page 42 of this section.



**Misericordia Hospital  
Child Health Asthma Clinic**  
3 West, 16940 87 Ave  
Edmonton, AB T5R 4H5

Phone: (780) 735 - 2731  
Fax: (780) 735 - 2794  
Referral: Physician  
Target: Pediatric patients, ages 0-16, and their caregivers

Program Description: A pediatrician and RRT/RN Certified Asthma Educators (CAE) assess the patient with referrals to other professionals as applicable. Sessions include pulmonary function testing, asthma education, and development of an action plan. A progress report is sent to the patient's family doctor with a copy of the action plan.

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**Misericordia Hospital  
Adult Asthma Clinic**  
3 West, 16940 87 Ave  
Edmonton, AB T5R 4H5

Phone: (780) 735-2979  
Fax: (780) 735 - 2522  
Referral: Anyone can refer  
Target: Adults with asthma

Program Description: Clients receive pulmonary function testing, respiratory assessment, and individual education focused on the pathophysiology of asthma, triggers, medications, device use, and environmental control. Self-management principles are reinforced - targeting peak flow monitoring, symptom tracking, and development of an action plan. All information is communicated back to the family physician for continuing follow-up of asthma care.

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## **COPD**

See Rehabilitation on page 32 and Outreach on page 42 of this section.



**Northeast Community Health Centre  
Children's Asthma Clinic**

14007 50 Street  
Edmonton, Alberta T5A 5E4

Phone: (780) 472 - 5178  
Fax: (780) 472 - 5189  
Referral: Anyone can refer for asthma education  
Target: Pediatric asthma (0-16yrs.) and family support

Program Description: Individual counseling, education and action plan development. Developed patient plan is communicated to the attending family physician. Referrals to a physician specialist are made as required.

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**Pediatric Allergy, Asthma and Immunology**

Division of Clinical Immunology and Allergy  
Department of Pediatrics  
903 College Plaza  
8215 112 Street  
Edmonton, AB T6G 2C8

Phone: (780) 413 - 6689  
Fax: (780) 413 - 7254  
Referral: Physician  
Target: People 17 years and younger  
Cost: Up to \$30.00 (for testing supplies)

Program Description: An allergy, asthma, and immunology clinic. Offers assessment by sub-specialist pediatrician for diagnosis, as well as environmental and allergic assessment. A Certified Asthma Educator is available for medication review and teaching. In-clinic allergy testing and pulmonary function testing, when appropriate.



**Royal Alexandra Hospital  
Pediatric Asthma Clinic**  
10240 Kingsway Ave  
Edmonton, AB T5H 3V9

Phone: (780) 735 - 4626  
Fax: (780) 735 - 4071  
Referral: Anyone can refer  
Target: Children (0-17) and their families

Program Description: Children referred receive asthma education. Patient-centered techniques are utilized for school aged children, with the focus shifting to the parents/guardian of the younger child. Referrals to the Stollery Asthma Clinic are initiated as needed.

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**Royal Alexandra Hospital  
Asthma Clinic**  
10240 Kingsway Ave  
Edmonton, AB T5H 3V9

Phone: (780) 735 - 5843  
Target: Adults with asthma  
Referral: Physician

Program Description: Patients referred to the asthma clinic receive asthma education, spirometry, arterial blood gas, and review by a respirologist. Treatment adjustments and action plan are communicated to the patient's attending family physician.

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## **COPD**

See Rehabilitation on page 32 and Outreach on page 42 of this section.



**Stollery Children’s Hospital  
Pediatric Asthma Clinic**

1D1.32 WMC, 8440-112 St.  
Edmonton, AB T6G 2B7

Phone: (780) 407-3943  
Fax: (780) 407-6414  
Referral: Physician  
Target: Children and their caregivers

Program Description: The Stollery Pediatric Asthma Clinic provides consultative services related to the management of children with asthma. A multidisciplinary approach for both outpatient and inpatient services, including medical diagnosis, treatment, patient education, allergy testing and respiratory function evaluation. Other investigations are initiated on an individual patient basis. The clinic also promotes health care professional education, mentoring, and research related to pediatric asthma.

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**Sturgeon Pediatric Asthma Clinic**

201 Bourdeau Road  
St. Albert, AB T8N 6C4

Phone: (780) 460 -6349  
Fax: (780) 419 -6415  
Referral: Physician  
Target: Children (0-17) with asthma

Program Description: A multidisciplinary asthma education clinic available September – June. The clinic provides 4 targeted sessions, both group and individual. Patients are assessed and educated by a registered nurse, RRT, pharmacist, and a physician.

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**COPD**

See Rehabilitation on page 32 and Outreach on page 42 of this section.



### **Community Respiratory Services**

#### **Asthma Clinic**

104, 4709 – 44 Ave  
Stony Plain Provincial Building  
Stony Plain, AB T7Z 1N4

Phone: (780) 968 - 3742  
Fax: (780) 963 - 7192  
Referral: Anyone can refer  
Target: All ages

Program Description: Individual client asthma education (multiple sessions available if required) with a certified asthma educator. Topics include a description of asthma, common triggers, signs and symptoms, environmental control, food allergies, relaxation/deep breathing techniques, medication use, inhaler techniques, and peak flow monitoring.

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### **Community Respiratory Services**

#### **COPD Program**

104, 4709 – 44 Ave  
Stony Plain Provincial Building  
Stony Plain, AB T7Z 1N4

Phone: (780) 968 - 3742  
Fax: (780) 963 - 7192  
Referral: Anyone can refer  
Target: Patients with COPD

Program Description: An 8-week program (two classes per week) that encompasses both exercise and education facilitated by a Registered Respiratory Therapist. A multidisciplinary team of RRT, PT, OT and RN deliver the education components. COPD patients gain improved coping strategies that assist with their activities of daily living.



**University of Alberta Hospital  
Asthma Clinic**

Correspondence to: 2E4.31 WMC, 8440-112 St.  
Edmonton, AB T6G 2B7

Phone: (780) 407 - 7225  
Fax: (780) 407 - 6384  
Referral: Physician  
Target: Adults and transition clinic for adolescents (>16)

Program Description: This clinic provides consultative services related to management and diagnosis of adults with asthma. It also offers 5 clinics/year for adolescents transitioning into the adult clinic. Outpatient and inpatient services use a multidisciplinary team for medical diagnosis, treatment, patient education, allergy testing and respiratory function evaluation. Other investigations are as required.

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**University of Alberta Hospital  
Virtual Asthma Clinic**

Correspondence to: 2E4.38 WMC, 8440-112 St.  
Edmonton, AB T6G 2B7

Phone: [1-877-590-8999](tel:1-877-590-8999)  
Fax: (780) 407-3608  
Referral: Currently enrolling research participants  
Email: [heidi.cheung@ualberta.ca](mailto:heidi.cheung@ualberta.ca)  
Web: <https://www.asthmaclinic.capitalhealth.ca>

**University of Alberta Hospital  
Respiratory Outreach Program**  
c/o Rm 3Y22, 11111 Jasper Ave  
Edmonton, AB T5K 0L4

Phone: (780) 482 - 8069  
Fax: (780) 482 - 8148  
Referral: Physician  
Target: COPD patients with recurrent exacerbations

Program Description: A multidisciplinary team follows ventilated patients living in the home (anywhere in Alberta), as well as COPD patients in Edmonton, St. Albert and Sherwood Park. These COPD patients require education to prevent recurrent exacerbations. Please contact the program for more criteria and the referral form.





**Aspen Health Services**

3100-48 Ave  
Athabasca, AB T9S 1M9

Locations: Slave Lake, Athabasca and Boyle  
Phone: (780) 675 - 6000 (ask for the RRT)  
Fax: (780) 675 - 7050  
Target: All ages  
Referral: Physician, healthcare professional, self

Program Description: Alberta Asthma Centre's Asthma and Allergy preschool education program (targeted to the care providers). Individual asthma education with a RRT. Pediatric education program consists of 4 meetings with a multidisciplinary team in a variety of forums.

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Respiratory Rehabilitation available, phone (780) 675-6000 and also see page 45 for further details.



**Aspen Health Services  
Asthma Education Program**  
6209 49 Street, Box 4131  
Barrhead, AB T7N-1A1

Locations: Barrhead, Whitecourt, Mayerthorpe and Swan Hills  
Phone: (780) 674 - 3408 (ask for the RRT)  
Fax: (780) 674 - 3941  
Target: All ages  
Referral: Physician, healthcare professional, self

Programs Description: Alberta Asthma Centre's Asthma and Allergy preschool education program (target audience – care providers). Individual asthma education with a RRT. Pediatric education program that consists of 4 meetings with a multidisciplinary team, in a variety of forums.

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**Respiratory Rehabilitation Program**

Phone: (780) 674 - 3408  
Fax: (780) 674 - 3941

Program Description: Five week program that includes ten, 2-hour sessions. Delivered by a multidisciplinary team: RRT, PT, OT, dietician, and pharmacist, focusing on both education and exercise. A variety of locations are available throughout the Aspen Region. Phone your nearest Health Services office for details.



**Aspen Health Services**

5001 Lakeshore Drive  
Box 1008  
Bonnyville, AB T9N 2J7

Locations: Bonnyville and St. Paul  
Phone: (780) 826 - 3311 (ask for the RRT)  
Fax: (780) 826 - 6526  
Target: All ages  
Referral: Physician, healthcare professional, self

Program Description: Adult and Pediatric asthma clinics available.

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Respiratory Rehabilitation available, phone (780) 826-3311 and also see page 45 for further details.

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**Aspen Health Services**

314-25 Street  
Cold Lake, AB T9M1G6

Locations: Cold Lake  
Phone: (780) 639 - 3322 (ask for the RRT)  
Fax: (780) 639 - 2255  
Target: All ages  
Referral: Physician, healthcare professional, self

Program Description: Adult and Pediatric asthma clinics available.

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Respiratory Rehabilitation available, phone (780) 639-3322 and also see page 45 for further details.



**Aspen Health Services**

136 Emerson Drive  
Hinton, AB T7V 1M3

Locations: Jasper, Hinton, and Edson areas  
Phone: (780) 817 - 5030 (ask for the RRT)  
Fax: (780) 865 - 1099  
Target: School children age 7-12 (RAP), and all ages  
Referral: Physician, healthcare professional, self

Program Description: Roaring Adventures of Puff (RAP) & Asthma Counseling. Adult and Pediatric asthma clinics available.

Respiratory Rehabilitation available, phone (780) 817-5030 and also see page 45 for further details.

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**Aspen Health Services**

4919 Lac Ste. Anne Trail, Box 990  
Onoway, AB, T0E 1V0

Locations: Onoway and area  
Phone: (780) 967 - 4440 (ask for the RRT)  
Fax: (780) 967 - 4433  
Target: All ages  
Referral: Physician, healthcare professional, self

Program Description: Alberta Asthma Centre's Asthma and Allergy preschool program (target audience – care providers). Individual asthma education with a RRT. Pediatric education program that consists of 4 meetings with a multidisciplinary team in a variety of forums.

Respiratory Rehabilitation available, phone (780) 967-4440 and also see page 45 for further details.



### **Aspen Health Services**

10024-107 Ave  
Westlock, AB T7P 2E3

Locations: Westlock and Smoky Lake  
Phone: (780) 349 - 6913 (ask for the RRT)  
Fax: (780) 349 - 5725  
Target: All ages  
Referral: Physician, healthcare professional, self

Program Description: Alberta Asthma Centre's Asthma and Allergy preschool program (target audience – care providers). Individual asthma education with a RRT. Pediatric education program that consists of 4 meetings with a multidisciplinary team, in a variety of forums.

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### **Respiratory Rehabilitation Program**

Phone: (780) 967 - 4440 (ask for the RRT)  
Fax: (780) 967 - 4433  
Target: Patients with COPD

Program Description: A variety of locations available throughout the Aspen region: please telephone for more information or to arrange a class location and date. See page 45 for further details.



**Caritas Centre for Lung Health**  
**Telehealth Rural Respiratory Rehabilitation Program**  
c/o 11111 Jasper Ave  
Edmonton, AB T5K 0L4

Phone: (780) 482 - 8951  
Fax: (780) 482 - 8980  
Email: [telhmaster@hotmail.com](mailto:telhmaster@hotmail.com)  
Referral: Physician  
Target: Persons diagnosed with chronic lung disease  
Web: [www.caritas.ab.ca](http://www.caritas.ab.ca)

Program Description: Assessment by a Pulmonologist via Telehealth technology. An 8 week supervised exercise program is developed according to individual abilities and needs. Education sessions are broadcast via Telehealth including breathing techniques, breathing exercises, recovery positions, medications, relaxation techniques, nutrition. A continued exercise program is personalized for patients to follow upon program completion.



PEACE COUNTRY HEALTH REGION



**Queen Elizabeth II Hospital  
Pediatric Asthma Program**

10409 98 Street  
Grande Prairie, AB T8V 2E8

Other Locations: Available according to need

Phone: (780) 832 - 4901  
Fax: (780) 832 - 4906  
Referral: Physician  
Target: Up to 15 yrs old

Program Description: Individual education that provides respiratory assessment, spirometry, asthma education and review by a pediatrician.

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**Queen Elizabeth II Hospital  
Adult Asthma Program**

10409 98 Street  
Grande Prairie, AB T8V 2E8

Other Locations: Available according to need

Phone: (780) 832 - 4901  
Fax: (780) 832 - 4906  
Referral: Physician  
Target: 16 yrs and older

Program Description: Individual education that provides respiratory assessment, spirometry, asthma education.

**Queen Elizabeth II Hospital  
COPD Clinic**  
10409 98 Street  
Grande Prairie, AB T8V 2E8

Other Locations: Available according to need  
Phone: (780) 832 - 4901  
Fax: (780) 832 - 4906  
Referral: Physician  
Target: Adults with >3 hospital visits/year

Program Description: Individual education which includes respiratory assessment.

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**Caritas Centre for Lung Health  
Telehealth Rural Respiratory Rehabilitation Program**  
c/o 11111 Jasper Ave  
Edmonton, AB T5K 0L4

**Phone:** (780) 832 - 4901  
**Fax:** (780) 832 - 4906  
**Email:** [tclhmaster@hotmail.com](mailto:tclhmaster@hotmail.com)  
**Referral:** Physician  
**Target:** Persons diagnosed with chronic lung disease  
**Web:** [www.caritas.ab.ca](http://www.caritas.ab.ca)

Program Description: Assessment by a Pulmonologist via Telehealth technology. An 8 week supervised exercise program is developed according to individual abilities and needs. Education sessions are broadcast via Telehealth including breathing techniques, breathing exercises, recovery positions, medications, relaxation techniques, nutrition. A continued exercise program is personalized for patients to follow upon program completion.



NORTHERN LIGHTS REGION



**Respiratory Health Program  
Asthma Education**

7 Hospital Street  
Fort McMurray, AB T9H 1P2

Phone: (780) 791 - 6203  
Fax: (780) 788 - 1304  
Referral: Physician, Healthcare professional, self  
Target: Individuals with asthma

Program Description: Education is available to individuals, families, schools, and community organizations on a variety of topics, which include allergies, asthma, anaphylaxis, and the management of these and other respiratory diseases.

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**Respiratory Health Program  
Respiratory Rehabilitation**

7 Hospital Street  
Fort McMurray, AB T9H 1P2

Phone: (780) 791 - 6203  
Fax: (780) 788 - 1304  
Referral: Physician  
Target: Adults with Respiratory conditions

Program Description: A respiratory rehabilitation program that has meetings twice a week, from September to May, for exercise and education. This program encourages patient education, to improve total quality of life.



### **Chronic Disease Prevention Services**

Northwest Health Centre  
11202–100 Avenue  
High Level, AB T0H-1Z0

Phone: (780) 841 - 3237  
Fax: (780) 926 - 7375  
Referral: Anyone  
Target: Folks at risk or diagnosed with chronic lung disease

Program Description: Disease prevention education sessions are available on request. Session length varies according to need and commonly focuses on tobacco and second-hand smoke. Chronic Disease self-management workshops are also available. This includes 6 weekly sessions - each session is 1.5 hr in length.

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### **Caritas Centre for Lung Health Telehealth Rural Respiratory Rehabilitation Program**

c/o 11111 Jasper Ave  
Edmonton, AB T5K 0L4

Phone: (780) 482 - 8951  
Fax: (780) 482 - 8980  
Email: [tclhmaster@hotmail.com](mailto:tclhmaster@hotmail.com)  
Referral: Physician  
Target: Persons diagnosed with chronic lung disease  
Web: [www.caritas.ab.ca](http://www.caritas.ab.ca)

Program Description: Assessment by a Pulmonologist via Telehealth technology. An 8 week supervised exercise program is developed according to individual abilities and needs. Education sessions are broadcast via Telehealth including breathing techniques, breathing exercises, recovery positions, medications, relaxation techniques, nutrition. A continued exercise program is personalized for patients to follow upon program completion.

## **Provincial Toll-Free Help Lines**

### [The Smokers' Help Line](#)

Tel: 1 - 866 - 33AADAC (1 - 866 - 332 - 2322)

Web: [www.tobacco.aadac.com/smokers\\_help\\_line](http://www.tobacco.aadac.com/smokers_help_line)

AADAC's Smokers' Help Line is a free, confidential telephone service for smokers. Calls are answered by a trained counsellor who can help develop an individual quit plan, offer information, or refer to services available in the local community. The Smokers' Help Line operates from 8 am to 8 pm. Outside of these hours, general support is provided or arrange to have a tobacco counselor call.

### [The Lung Association BreathWorks™ Program](#)

Tel: 1 - 866 - 717 - COPD (2673)

Web: [www.lung.ca/breathworks](http://www.lung.ca/breathworks)

BreathWorks™ is a COPD management program designed to help patients and their families cope with the emotional hurdles and physical challenges of living with COPD. The program consists of a free telephone helpline service as well as free information in the form of fact sheets (medication, oxygen, and exercise) and a planbook. This easy-to-understand 41-page guide is filled with information to help patients prevent the progression of the disease, relieve their symptoms, and manage their COPD. COPD Educators provide information and support to helpline callers. Available Monday to Friday, 9:00am - 4:30pm, messages can be left for call-back—24 hours/day, 7 days/week.

## Provincial Organizations

### Alberta Alcohol and Drug Abuse Commission (AADAC)

Head Office: 2<sup>nd</sup> Flr, 10909 Jasper Avenue

Edmonton, AB T5J 3M9

Tel: (780) 422 - 1350

Website: [www.aadac.com](http://www.aadac.com)

A provincial government agency that provides a variety of services for smoking cessation and prevention, including a toll-free helpline and Tobacco Reduction Counsellors at 28 sites across the province.

### Alberta Asthma Centre (AAC)

11402 University Avenue, Aberhart 1, 3<sup>rd</sup> floor

Edmonton, AB T6G 2B7

Tel: (780) 407 - 3175

Fax: (780) 407 - 3608

Website: [www.asthmacentre.org](http://www.asthmacentre.org)

Services available:

**Preschool:** Asthma/Allergy Education Program:

*Target:* day care providers and other care providers

Resource manual, presentation, & notes.

**School Age:** Roaring Adventures of Puff (RAP):

*Target:* Children 7 – 12 years

Instructor's workshop, manual, learning activities, assessment & evaluation tools, revised fun book, asthma action plan diary – watch for program online.

**Schools:** Creating Asthma Friendly Schools:

*Target:* School Staff

Materials: blue print on supportive measures for schools.

Resource materials to help achieve seven goals, planning tools for health care professionals – available online soon.

**Educators:** UCC ProCAM Online:

*Target:* Health Professionals

University-accredited, certified asthma educator courses (recently revised).

[COPD & Asthma Network of Alberta \(CANA\)](#)

c/o 11402 University Avenue, 3<sup>rd</sup> Flr, Aberhart 1  
Edmonton, AB T6G-2J3

Tel: (780) 439 - 0079

Fax: (780) 407 - 3608

Website: [www.canahome.org](http://www.canahome.org)

Email: [membership@canahome.org](mailto:membership@canahome.org)

Established in 2003, CANA's mission is to develop and implement a provincial strategy for excellence in the prevention, promotion and management of COPD & Asthma. The Network's activities unite multiple practitioner disciplines and related partners across the province.

[The Lung Association of Alberta & NWT \(TLA\)](#)

P.O. Box 4500, Station South

Edmonton, AB T6E 6K2

Tel: (780) 488 - 6819

Toll Free: 1 - 888 - 566 - LUNG (5864)

Fax: (780) 488 - 7195

Website: [www.ab.lung.ca](http://www.ab.lung.ca)

Email: [info@ab.lung.ca](mailto:info@ab.lung.ca)

Raises funds in support of advocacy, community health education programs, professional education, and lung health research in Alberta and NWT. Research and professional education funds are distributed to Respiratory Health Care Professionals (RHCP) and Medical & Scientific Section (M&SS). New online smoking cessation support @ [www.albertaquits.ca](http://www.albertaquits.ca).

### Tom Baker Cancer Centre Smoking Cessation Program

Tom Baker Cancer Centre – Holy Cross Site

#155, 2210 – 2<sup>nd</sup> St, SW

Calgary, AB T2S 3C3

Tel: (403) 698 - 8011

Fax: (403) 521 - 3178

Cell: (403) 615 - 6190

Website: [www.cancerboard.ab.ca/cancer/cancer\\_public\\_smoking.html](http://www.cancerboard.ab.ca/cancer/cancer_public_smoking.html)

Email: [oltracyk@cancerboard.ab.ca](mailto:oltracyk@cancerboard.ab.ca)

Offered in September, January and May of each year, this program consists of 5 weekly large group sessions (max. 100) and 3 follow- up sessions. A new Telehealth initiative enables access from across Alberta, allowing rural Albertans to attend along with the audience in Calgary. Using the most recent empirical methods, it is facilitated by 2 clinical psychologists. Since 1983, it has helped over 6,000 people with quitting smoking.

### **National Organizations**

#### Asthma Society of Canada

130 Bridgeland Avenue, Suite 425

Toronto, ON M6A 1Z4

Tel: 1 - 866 - 787 - 4050 Toll Free

Fax: (416) 787 - 5807

Websites: [www.asthma.ca](http://www.asthma.ca), [www.asthma-kids.ca](http://www.asthma-kids.ca)

Email: [info@asthma.ca](mailto:info@asthma.ca)

Supports Canadians to achieve symptom-free asthma through the delivery of accredited asthma self-management education & counseling. They engage in dialogue on issues impacting Canadians with asthma. It is staffed with a Certified Asthma Educator (CAE).

Allergy Asthma Information Association (AAIA)

Alberta Chapter  
16531 – 114 Street  
Edmonton, AB T5X 3V6  
Tel: (780) 456 - 6651  
Website: [www.aaia.ca](http://www.aaia.ca)  
Email: [aaia@telusplanet.net](mailto:aaia@telusplanet.net)

AAIA exists to help the public find the most effective ways to tackle allergy and asthma problems. They offer accurate, up-to-date information, advocacy programs that advance the rights of allergy and asthma sufferers in Canada and materials such as an EpiPen trainer, anaphylaxis reference kit and asthma reference kit for schools. Umbrella for the Calgary Allergy Network ([www.calgaryallergy.ca](http://www.calgaryallergy.ca)), which is now mainly a web site offering practical information and resources to the international community. Local support is still available on a limited basis.

Canadian Network for Asthma Care (CNAC)

16851 Mount Wolfe Rd.  
Bolton, ON L7E 5R7  
Tel: (905) 880 - 1092  
Fax: (905) 880 - 9733  
Website: [www.cnac.net](http://www.cnac.net)  
Email: [cconnors@cnac.net](mailto:cconnors@cnac.net)

Dedicated to the promotion of asthma care and education in Canada with the goal of reducing illness & death. CNAC does not offer medical advice or refer the public to services. It oversees Certification for Asthma Educators in Canada.

Canadian COPD Alliance (CCA)

c/o 3 Raymond Street, Suite 300  
Ottawa, ON K1R 1A3  
Tel: (613) 569 - 6411  
Fax: (613) 569 - 8860  
Website: [www.lung.ca/cca](http://www.lung.ca/cca)  
Email: [info@lung.ca](mailto:info@lung.ca)

CCA is a national forum designed to facilitate discussion, exchange of information, cooperation and collaboration among groups working in the area of COPD.

Canadian Respiratory Health Professionals (CRHP)

c/o 3 Raymond Street, Suite 300

Ottawa, ON K1R 1A3

Tel: (613) 569 - 6411

Fax: (613) 569 - 8860

Website: [www.lung.ca/crhp](http://www.lung.ca/crhp)

Email: [info@lung.ca](mailto:info@lung.ca)

Resulting from the merger of the Canadian Physiotherapy Cardio-Respiratory Society, the Canadian Nurses' Respiratory Society (CNRS) and the Respiratory Therapists' Society (RTS), CRHP provides the opportunity to work as a multidisciplinary respiratory group at the national level.

Canadian Thoracic Society (CTS)

c/o 3 Raymond Street, Suite 300

Ottawa, ON K1R 1A3

Tel: (613) 569 - 6411

Fax: (613) 569 - 8860

Website: [www.lung.ca/cts](http://www.lung.ca/cts)

Email: [info@lung.ca](mailto:info@lung.ca)

The Canadian Thoracic Society provides a forum whereby medical practitioners and investigators may join in the study of thoracic diseases and other medical fields that may come within the scope of The Lung Association.

Family Physician Airways Group of Canada (FPAGC)

132 Warwick Road

Edmonton, AB T5X 4P8

Tel: 1- 866 - 406 - 4345 Toll Free

Website: [www.fpagc.com](http://www.fpagc.com)

Email: [admin@fpagc.com](mailto:admin@fpagc.com)

FPAGC is dedicated to helping all family physicians maintain and increase their skill in assisting those with asthma and COPD. The strategy of the Group is to maintain a speaker bank, a data bank, and practical tools to help physicians attain these skills.

**The Lung Association, National Office**

1750 Courtwood Crescent, Suite 300

Ottawa, ON

K2C 2B5

Phone: (613) 569-6411

Toll-free: 1-888-566-LUNG (5864)

Fax: (613) 569-8860

Website: [www.lung.ca](http://www.lung.ca)

Email: [info@lung.ca](mailto:info@lung.ca)

Description: The Lung Association's national office funds world-class medical research in Canada to find treatments- and ultimately a cure- for lung diseases. Through the Canadian Thoracic Society (CTS) and Canadian Respiratory Health Professionals (CRHP), they help doctors and allied health professionals set the highest standards in patient care, and continue to expand their knowledge about lung diseases and treatments. On the international stage, they continue the fight against infectious lung diseases.

## **Related National Organizations**

Anaphylaxis Canada – [www.anaphylaxis.org](http://www.anaphylaxis.org).

A non-profit organization created by people with anaphylaxis, the mission is to inform, support, educate, and advocate for the needs of individuals and families living with anaphylaxis and to conduct and support research related to anaphylaxis.

MedicAlert – [www.medicalert.ca](http://www.medicalert.ca).

Providing medical information services linked to customized bracelets and necklets, MedicAlert is committed to community outreach, education and awareness, and protecting families in financial need, with membership support through the Member Assistance program.

## **International Organizations**

Global Initiative for Asthma (GINA)

GINA ([www.ginasthma.org](http://www.ginasthma.org)) was launched in 1993 in collaboration with the [National Heart, Lung, and Blood Institute](#), National Institutes of Health, USA, and the World Health Organization. GINA works with health care professionals and public health officials around the world to reduce asthma prevalence, morbidity, and mortality - through resources such as evidence-based guidelines for asthma management, and awareness events like World Asthma Day.

Global Initiative for Chronic Obstructive Pulmonary Disease (GOLD)

GOLD ([www.goldcopd.org](http://www.goldcopd.org)) works with health care professionals and public health officials around the world to raise awareness of (COPD) and to improve prevention and treatment of this lung disease - through the development of evidence-based guidelines for COPD management, and awareness events such as World COPD Day.

**Asthma Educator Training:**

University of Caribou (ProCam):

Tel: (250) 371 - 5667  
Fax: (250) 371 - 5771  
E-mail: [cehs@cariboo.bc.ca](mailto:cehs@cariboo.bc.ca)  
Website: [www.cariboo.bc.ca/schs/dist\\_ed/asthma/index.html](http://www.cariboo.bc.ca/schs/dist_ed/asthma/index.html)

AsthmaTrec:

c/o Saskatchewan Lung Association  
1231 8<sup>th</sup> St, E  
Saskatoon, SK S7H-0S5  
Tel: (306) 343 - 9511  
Fax: (306) 343 - 7007  
Website: [www.asthmatrec.org](http://www.asthmatrec.org)

Michener Institute:

222 St. Patrick Street  
Toronto, ON M5T-1V4  
Tel: 1 - 800 - 387 - 9066  
Fax: (416) 596 - 3114  
Website: [www.michener.ca](http://www.michener.ca)

**COPD Educator Training:**

University of Cariboo (ProCam):

Tel: (250) 371 - 5667  
Fax: (250) 371 - 5771  
E-mail: [cehs@cariboo.bc.ca](mailto:cehs@cariboo.bc.ca)  
Website: [www.cariboo.bc.ca/schs/DIST\\_ED/COPD](http://www.cariboo.bc.ca/schs/DIST_ED/COPD)

COPDTrec:

c/o Saskatchewan Lung Association  
1231 8<sup>th</sup> St, E  
Saskatoon, SK S7H-0S5  
Tel: (306) 343 - 9511  
Fax: (306) 343 - 7007  
Website: [www.asthmatrec.org](http://www.asthmatrec.org)

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222 St. Patrick Street  
Toronto, ON M5T-1V4  
Tel: 1 - 800 - 387 - 9066  
Fax: (416) 596 - 3114  
Website: [www.michener.ca](http://www.michener.ca)

## **Provincial Clinical Immunologists & Allergists Listing**

### Calgary Listing

Dr. Tom Bowen  
705 South Tower  
3031 Hospital Dr, NW  
Calgary, AB T2N-2T8  
Tel: (403) 283 - 8291  
Fax: (403) 283 - 8255

Dr. David Cross  
325 – 401 9<sup>th</sup> Ave, SW  
Calgary, AB T2P-3C5  
Tel: (403) 221 - 4470  
Fax: (403) 221 - 4406

Dr. Joel Doctor  
325 – 401 9<sup>th</sup> Ave, SW  
Calgary, AB T2P-3C5  
Tel: (403) 221 - 4479  
Fax: (403) 221 - 4406

Dr. Richard Kennedy  
206 – 906 8<sup>th</sup> Ave, SW  
Calgary, AB T2P-1H9  
Tel: (403) 213 - 3990  
Fax: (403) 213 - 3994

Dr. Bazir Serushago  
420 – 906 8<sup>th</sup> Ave, SW  
Calgary, AB T2P-1H9  
Tel: (403) 265 - 4163  
Fax: (403) 265 - 4173

### Edmonton Listing

Dr. Stuart Carr  
903 College Plaza  
8215 – 112 St, NW  
Edmonton, AB T6G-2C8  
Tel: (780) 413 - 6689  
Fax: (780) 413 - 7254

Dr. David Lee  
880 – 10055 106 St, NW  
Edmonton, AB T5J-2Y2  
Tel: (780) 423 - 2022  
Fax: (780) 425 - 0998

Dr. Per Lidman  
903 College Plaza  
8215 – 112 St, NW  
Edmonton, AB T6G-2C8  
Tel: (780) 413 - 6689  
Fax: (780) 413 - 7254

Dr. Vincent Osundwa  
1230 – 10665 Jasper Ave, NW  
Edmonton, AB T5J-3S9  
Tel: (780) 425 - 3400  
Fax: (780) 421 - 0065

Dr. John Tkachyk  
220 – 10405 Jasper Ave, NW  
Edmonton, AB T5J-3N4  
Tel: (780) 421 - 1990  
Fax: (780) 944 - 9599

Dr. Tim Vander Leek  
903 College Plaza  
8215 – 112 St, NW  
Edmonton, AB T6G-2C8  
Tel: (780) 413 - 6689  
Fax: (780) 413 - 7254

Dr. Harissios Vliagoftis  
550 HMRC, University of Alberta  
Edmonton, AB T6G-2S2  
Tel: (780) 407 - 7225  
Fax: (780) 492 - 5329

**Pulmonary Function Laboratory - Facility Listing  
As of January 18, 2006**

<b>RHA</b>	<b>Facility Name</b>	<b>Current Facility Level</b>	<b>Blood Gases</b>
<b>01</b>	<b>Public</b> Lethbridge Regional Hospital 960 - 19 Street South, Lethbridge, Alberta T1J 1W5 (403) 488-6654	Level III	No
<b>02</b>	<b>Public</b> Medicine Hat Regional Hospital 666 - 5th Street SW, Medicine Hat, Alberta T1A 4H6 (403) 529-8855	Level III	No
<b>03</b>	<b>Independent</b> Mission Lung Function Laboratory Ltd. 208 Calgary Medical Centre 906 - 8th Avenue SW, Calgary, Alberta T2P 1H9 (403) 213-3988	Chemistry PULM Blood Gases, Level III	Yes
	Railside Lung Function 1306 Bow Valley Trail, #4A, Canmore, Alberta T1W 1N6 (403) 678-9600	Level III	No
	<b>Public</b> Alberta Children's Hospital 1820 Richmond Road SW, Calgary, Alberta T2T 5C7 (403) 943-7324	Level IV	No
	Foothills Medical Centre 1403 - 29 Street NW, Canmore, Alberta T2M 2T9 (403) 944-1568	Level IV	No
	Peter Lougheed Centre 3500 - 26th Avenue NE, Calgary, Alberta T1Y 6J4 (403) 943-4387	Level IV	No
	Rockyview General Hospital 7007 - 14 Street SW, Calgary, Alberta T2P 1P9 (403) 943-3183	Level III	No
<b>04</b>	<b>Independent</b> The Bailey Clinic 108, 3947 - 50 Street, Red Deer, Alberta T4N 6V7 (403) 343-8972	Level III	No
	Wetaskiwin Lung Laboratory 5217A - 50 Street, Wetaskiwin, Alberta T9A 3B8 (780) 352-7085	Level IV	No
	<b>Public</b> Drayton Valley Hospital & Health Centre Box 838, 450 Madsen Avenue Drayton Valley, Alberta T7A 1N8 (780) 621-4866	Level III	No

<b>RHA</b>	<b>Facility Name</b>	<b>Current Facility Level</b>	<b>Blood Gases</b>
	Red Deer Regional Hospital 3942 - 50A Avenue, Red Deer, Alberta T4N 6R2 (403) 343-4434	Level IV	No
	Wetaskiwin Hospital & Care Centre 6910 - 47 Street, Wetaskiwin, Alberta T9A 3N3 (780) 361-4146	Level III	No
<b>05</b>	<b>Public</b> St. Mary's Hospital 4607 - 53 Street, Camrose, Alberta T4V 1Y5 (780) 679-3065	Level III	No
<b>06</b>	<b>Independent</b> Allin Clinic 10155 - 120 Street, Edmonton, Alberta T5K 2A2 (780) 482-7551	Level II	No
	Baker Clinic Pulmonary Function Laboratory #220 - 10405 Jasper Avenue, Edmonton, Alberta T5J 3N4 (780) 421-1970	Level II	No
	Garneau Lung Laboratory Inc. College Plaza, 404, 8215 - 112 Street Edmonton, Alberta T6G 2C8 (780) 433-5891	Level III	No
	Hys Centre Lung Function Lab 206 Hys Medical Centre 11010 101 Street, Edmonton, Alberta T5H 4B9 (780) 424-2273	Level III	No
	Northern Lung Function Ltd. (Downtown), Main Floor Edmonton General Hospital 11111 Jasper Avenue, Edmonton, Alberta T5K 0L4 (780) 421-8495	Level III	No
	Northern Lung Function Ltd. - Town Centre 312 - 6203 - 28 Avenue, Edmonton, Alberta T6L 6K3 (780) 461-9923	Level III	No
	Pediatric Allergy & Immunology 903, 8215 - 112 Street, Edmonton, Alberta T6G 2L8 (780) 413-6689	Level II	No
	Insight Medical Imaging Meadowlark Cardiac Laboratory 216 Meadowlark Health Centre 156 Street & 87 Avenue, Edmonton, Alberta T5R 5W9 (780) 489-5313	Level II	No

<b>RHA Facility Name</b>	<b>Current Facility Level</b>	<b>Blood Gases</b>
<b>Public</b> Edmonton General Hospital - Centre for Lung Health 11111 Jasper Avenue, Edmonton, Alberta T5K 0L4 (780) 482-8951	Level IV	No
Grey Nuns Community Hospital & Health Centre 1100 Youville Drive West, Edmonton, Alberta T6L 5X8 (780) 450-7178	Level III	No
Misericordia Community Hospital & Health Centre 16940 - 87 Avenue, Edmonton, Alberta T5R 4H5 (780) 930-5768	Level III	No
Royal Alexandra Hospital 10240 Kingsway Avenue, Edmonton, Alberta T5H 3V9 (780) 735-4938	Level III	No
University of Alberta Hospital & Stollery Children's Hospital 2E4.23 Walter McKenzie Centre 8440 - 112 Street, Edmonton, Alberta T6G 2B7 (780) 407-3943	Level IV	No
<b>08 Public</b> Queen Elizabeth II Hospital 10409 - 98 Street, Grande Prairie, Alberta T8V 2E8 (780) 832-4901	Level II, Level III	No
<b>09 Public</b> Northern Lights Regional Health Centre Respiratory Therapy Department 7 Hospital Street Fort McMurray, Alberta T9H 1P2 (780) 791-6135	Level III	Yes
<b>ACB Public</b> Alberta Cancer Board Cross Cancer Institute 11560 University Avenue Edmonton, Alberta T6G 1Z2 (780) 432-8771	Level III	No

Total Number of Facilities: 30

## **Equipment and Pharmaceutical Suppliers**

### AIRGAS

Bay 133, 3016 10<sup>th</sup> Ave, NE  
Calgary, AB T2A 6A3  
Tel: (800) 661 - 1221  
Web: [www.airgas.com](http://www.airgas.com)

### ALTANA PHARMA INC.

435 North Service Road West, 1<sup>st</sup> Flr  
Oakville, ON L6M 4X8  
Tel: (905) 469 - 4913  
Web: [www.altanapharma.ca](http://www.altanapharma.ca)

### ASTRAZENECA CANADA, INC.

1004 Middlegate Road  
Mississauga, ON L4Y 1M4  
Tel: (800) 565 - 5877  
Web: [www.astrazeneca.ca](http://www.astrazeneca.ca)

### BAYER HEALTHCARE

77 Belfield Road  
Toronto, ON M9W 1G6  
Tel: (416) 248 - 0771 or 1 - 800 - 622 - 2937  
Web: [www.bayerhealth.com](http://www.bayerhealth.com)

### BOEHRINGER-INGELHEIM LTD.

5180 South Service Road  
Burlington, ON L7L 5H4  
Tel: (800) 263 - 5103  
Web: [www.boehringer-ingelheim.ca](http://www.boehringer-ingelheim.ca)

CAREstream MEDICAL

2400 Canoe Avenue  
Coquitlam, BC V3K 6C2  
Tel: (604) 552 - 5486  
Web: [www.carestream.hcsn.com](http://www.carestream.hcsn.com)

CARSEN GROUP

151 Telson Road  
Markham, ON L3R1E7  
Tel: (905) 479 - 4100  
Email: [info@carsengroup.com](mailto:info@carsengroup.com)  
Web: [www.carsengroup.com](http://www.carsengroup.com)

GLAXOSMITHKLINE

7333 Mississauga Road North  
Mississauga, ON L5N 6L4  
Tel: (800) 461 - 7096  
Web: [www.gsk.com](http://www.gsk.com)

3M PHARMACEUTICALS

4934 89<sup>th</sup> Street  
Edmonton, AB T6E 5K1  
Tel: (800) 364 - 3577  
Web: [www.3M.ca](http://www.3M.ca)

MEDIGAS (PRAXAIR)

9810 – 62 Avenue  
Edmonton, AB T6E 0E3  
Tel: (800) 252 - 9377  
Web: [www.medigas.com](http://www.medigas.com)

MERCK FROSST CANADA, INC.

1700 College Plaza  
8215 – 112 Street, NW  
Edmonton, AB T6G 2C8  
Tel: (780) 432 - 7500  
Web: [www.merckfrosst.com](http://www.merckfrosst.com)

NOVARTIS PHARMACEUTICALS

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Dorval, QUE H9S 1A9  
Tel: 1(877) 631 - 6775  
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PARI RESPIRATORY EQUIPMENT

101-4053 Meadowbrook Drive  
London, ON N6L 1E8  
Tel: (800) 327 - 8632  
Email: [info@kegohealthcare.com](mailto:info@kegohealthcare.com)  
Web: [www.pari.com](http://www.pari.com)

PARKLAND RESPIRATORY CARE

3152 Parsons Rd (99 St)  
Edmonton, AB T6N 1L6  
Tel: (800) 272 - 8861

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17300 Trans-Canada Highway  
Kirkland, QUE H9J 2M5  
Tel: (800) 267 - 2553  
Web: [www.pfizer.ca](http://www.pfizer.ca)  
[www.nicoderm.ca](http://www.nicoderm.ca)  
[www.nicorette.ca](http://www.nicorette.ca)

QUADROMED

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St-Laurent (Montreal), QUE H4R 2K9  
Tel: (800) 363 - 0192  
E-mail: [info@quadromed.com](mailto:info@quadromed.com)  
Web: [www.quadromed.com](http://www.quadromed.com)

QUORUM ALLERGY PRODUCTS

PO Box 5782

Victoria BC V8R 6S8

Tel: (866) 551 - 0142

E-mail: [gallergy@quorumallergy.com](mailto:gallergy@quorumallergy.com)

Web: [www.quorumallergy.com](http://www.quorumallergy.com)

SUMMIT TECHNOLOGIES INC.

2333 Wycroft Road

Oakville, ON L6L 6L4

Tel: (800) 268 - 7916

Web: [www.summittechnologies.ca](http://www.summittechnologies.ca)

TRUDELL MEDICAL MARKETING LTD.

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London, ON N5Z 3M5

Tel: (800) 265-5740

Web: [www.trudellmed.ca](http://www.trudellmed.ca)

TYCO HEALTHCARE RESPIRATORY GROUP

4280 Hacienda Drive

Pleasanton, CA 94588

Tel: 1-800-635 - 5267

Tel: (877) 664 - 8926

Web: [www.tycohealthcare.com](http://www.tycohealthcare.com)

VITALAIRE (AIR LIQUIDE)

18244 - 102 Avenue

Edmonton, AB T5S 1S7

Tel: (800) 252 - 9384

Web: [www.vitalaire.ca](http://www.vitalaire.ca)

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